ONTARIO CUP
CYCLO-CROSS SERIES

Cyclo-Cross OCup #2
DAM 'CROSS

Sunday, October 9, 2022

Version 1.5678

THIS EVENT IS SANCTIONED BY

ONTARIO CYCLING

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GENERAL EVENT INFORMATION

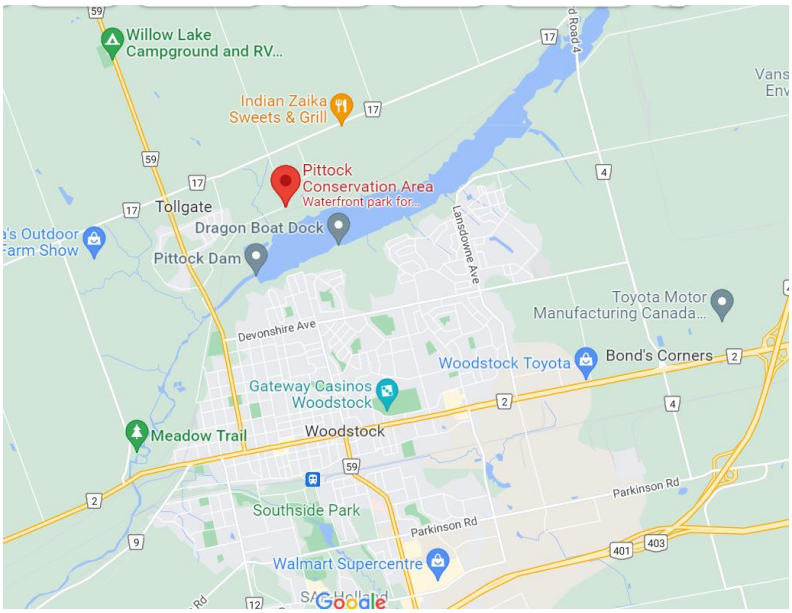
Dam 'Cross is back again at the infamous Pittock Dam in Woodstock, ON. Located about one hour west of Toronto, Dam 'Cross will challenge racers with a technical course across grass, sand, gravel, sand, pavement, sand, stairs, and sand.

Sunday, October 9, 2022

Michael Jaffray and Michael Aston
www.damcross.com
Registration Link

EVENT LOCATION

Pittock Park Conservation Area, Woodstock, ON
221 Pittock Park Road, Woodstock, ON



EVENT CONTACT INFORMATION

Name	Role	Email
Michael Jaffray	Event Organizer	michael@damcross.com
Ontario Cycling	Provincial/Sanctioning Body	Events.team@ontariocycling.org
Doug Pogue	Timer/Results	doug@racetiming.ca

COMMISSAIRE PANEL

Name	Role
Brad Day	President
Maria Paisley	Finish Judge
Steve Head	Member

LICENSING REQUIREMENTS

All riders are required to have either a Provincial Race License or a UCI Race License and must have a CX code on their license. (ie. CME, CWU23, CMMA, CMMB, etc.)

Categories (Racing as of Dec. 31, 2023)	One-Day Permit	Provincial Race License	UCI License	Category Code
U13 Men (8-12)	x	x	x	CMU13
U13 Women (8-12)	x	x	x	CWU13
U15 Men (13-14)	x	x	x	CMU15
U15 Women (13-14)	x	x	x	CWU15
U17 Men (15-16)	x	x	x	CMU17
U17 Women (15-16)	x	x	x	CWU17
Elite 1,2 Men (17+ yrs)*		X	X	CME.1/CMU23.1 CME.2/CMU23.2
Elite 1,2 Women (17+ yrs)*		X	X	CWE.1/CWU23.1 CWE.2/CWU23.2
Elite 3 Women (17+ yrs)	X	X	X	CWE.3/CWU23.3
Elite 3 Men (17+ yrs)		X	X	CME.3/CMU23.3
Elite 4 Men (17+ yrs)	X	X	X	CME.4/CMU23.4
Master A,B Women (35+ yrs)	X	X	X	CWMA/CWMB
Master 1 Men (35+ yrs)		X	X	CMMA.1/CMMB.1 CMMC.1/CMMD.1
Master 2 Men (35+ yrs)		X	X	CMMA.2/CMMB.2 CMMC.2/CMMD.2
Master 3 Men (35+ yrs)	X	X	X	CMMA.2/CMMB.2 CMMC.2/CMMD.2
Single Speed Men/Women (17+ yrs)	X	X	X	NA

* Junior aged riders (17-18 years of age) must be approved for an upgrade or have earned enough upgrade points to automatically upgrade.
** One-Day Permits are available during pre-registration only and by application only. Events with Non-Members will incur an additional insurance premium.

REGISTRATION/PRICING

Pre-registration is available online only at CCN
Online registration opens Wednesday, September 21, 2022
Online registration closes Wednesday, October 5, 2022 at midnight.

Please note Day-Of registration is not available. Pricing is listed below.

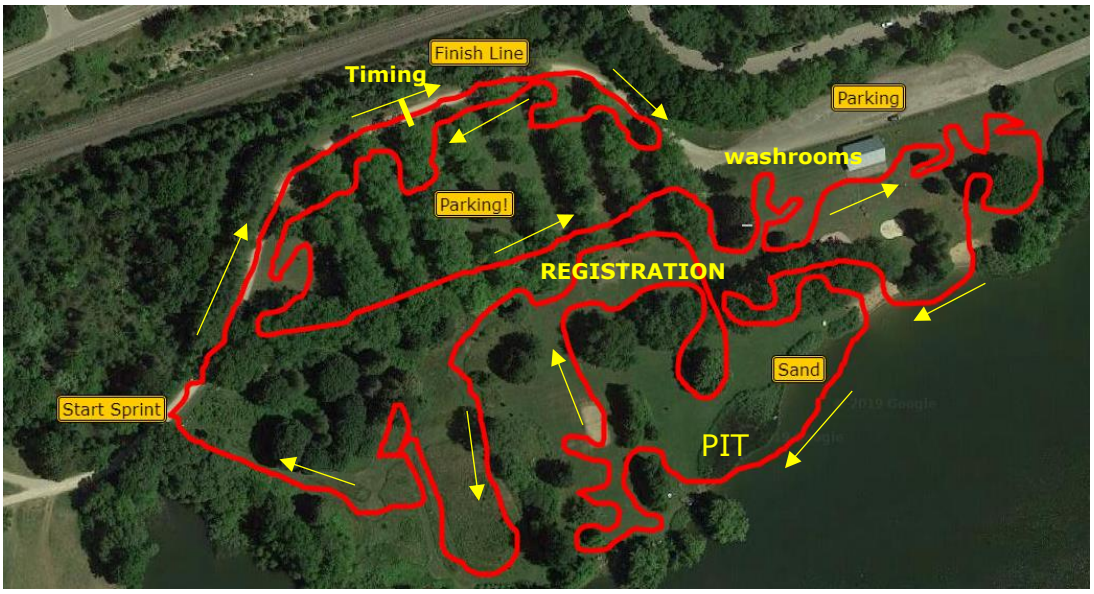
All participants must have a valid UCI or Ontario Cycling Provincial Race License with a valid race category on their card.

Category (Age as of Dec. 31, 2023)	Early Bird Pricing	Regular Pricing
	Sept. 21 to Sept. 28	Sept. 29 to Oct. 5
U13 Men (8-12)	Free	Free
U13 Women (8-12)	Free	Free
U15 Men (13-14)	Free	Free
U15 Women (13-14)	Free	Free
U17 Men (15-16)	Free	Free
U17 Women (15-16)	Free	Free
Elite 1,2 Men (17+ yrs)*	$50	$60
Elite 1,2 Women (17+ yrs)*	$50	$60
Elite 3 Women (17+ yrs)	$50	$60
Elite 3 Men (17+ yrs)	$50	$60
Elite 4 Men (17+ yrs)	$50	$60
Master A,B Women (35+ yrs)	$50	$60
Master 1 Men (35+ yrs)	$50	$60
Master 2 Men (35+ yrs)	$50	$60
Master 3 Men (35+ yrs)	$50	$60
Single Speed Men/Women (17+ yrs)	$50	$60

EVENT DAY SIGN-IN

All riders must Sign-In on the day of the race at the park pavilion and present their Provincial Race License or UCI license. Sign-In will be open from *8:00am to 2:25pm*.

COURSE MAP



SCHEDULE

Ontario Cup		
Start Time	**Category**	**Approximate Duration**
9:30 AM	M3 Men	40 minutes
10:30 AM	E4 Men	40 minutes
11:30 AM	U17	40 minutes
11:30:30 AM	U15	35-40 minutes
11:31 AM	U13	30-35 minutes
12:30 PM	E3 Men	45 minutes
12:31 PM	M2 Men	45 minutes
1:45 PM	E1 and E2 Women	50 minutes
1:46 PM	E3 and Master Women	40 minutes
2:55 PM	M1, E1 and E2 Men	60 minutes
2:56 PM	Single Speed	45 minutes

WARM UP/PRE-RIDE

When there is no racing – pre-rides will be announced at the event.

GENERAL EVENT RULES AND REGULATIONS

- The races will be governed under the current UCI Cyclo-Cross rules as amended by CC and OC. CC and OC rules are available online at www.ontariocycling.org/officials
- The UCI penalty scale with CC and OC modifications will be used for any infractions
- All riders must sign-in at registration on race day at least 30 minutes prior to their start.
- US licensed racers must hold a UCI International license. For insurance reasons, a USA cycling license is not sufficient and is not permitted in Canada.
- All foreign licensed riders, other than US riders must produce a letter of permission from their country's federation. This must be submitted to Ontario Cycling 72 hours in advance of the event and a copy must be provided on race day to the President of the Commissaire Panel.
- Riders must have a valid Provincial Race License (where applicable) or UCI license to participate.
- An OC representative will be present at the race to assist with rider licensing issues. Licenses will not be sold on race day.
- Proof of license purchase (i.e., receipt) is not a sufficient proof of license and will not be accepted on race day.
- Races will start promptly at the indicated start times.
- There will be no team managers meeting.
- Warming up on the course while a race is taking place is prohibited. As the lead rider crosses the finish line riders will be advised that they may enter the course at a point just beyond the finish and must not interfere with racers completing their last lap. Please courteous to other racers above all else.
- Rider staging will begin 10 minutes prior to race start and call-ups 5 minutes prior. If you are not present for call-up you will forfeit your starting position.
- Any rider dropping out of the race shall immediately notify a commissaire. If you drop out of a race and do not report to a commissaire, you will be considered and unreported DNF and assessed a penalty.
- A double wheel pit is located on course for servicing equipment and changing bikes or wheels. The pit must be accessed by the designated entrances and riders may not travel backwards or cut the course to reach the entrance, with

the exception of a mishap occurring after the pit entrance but before the pit exit (travel back to pit entrance in this case).

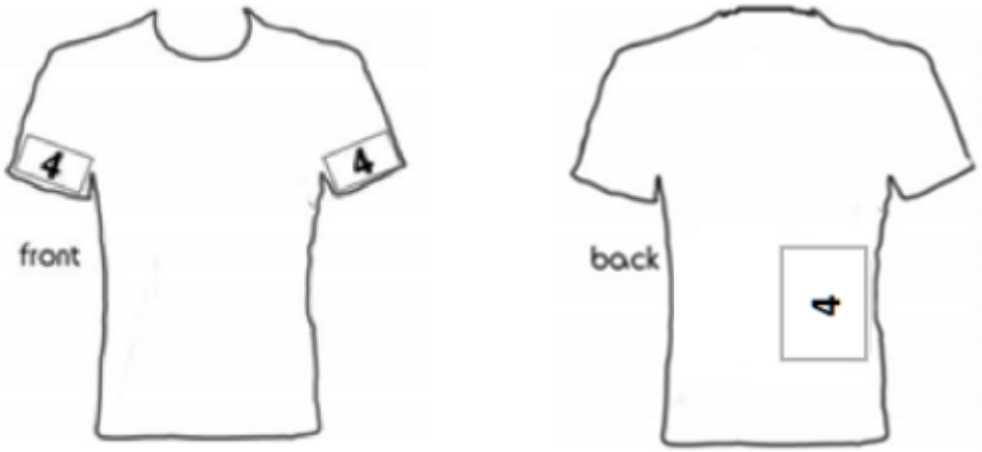
- There is no neutral service provided. Riders must supply their own spare wheels or bicycles.
- Lapped riders may be pulled at the order of the commissaire, either after being overtaken or just before being overtaken.
- The 80% rule will be enforced at the discretion of the President of the Commissaire Panel.
- All riders finish on the same lap as the winner. The ringing of a bell will indicate the last lap.
- Results will be posted near registration shortly after each race.
- Upon posting there will be a 15-minute protest period after which time, the results will become official and award presentations will follow promptly.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. No refunds will be issued if the race is cancelled. If there are any changes or delays in the schedule registered participants will be emailed.

EQUIPMENT RULES

- Cyclocross bicycles conforming with UCI regulations are required in the Elite 1, 2, 3 and Master 1 Men categories. In particular:
    - A bicycle shall not measure more than 185cm in length and 50cm in overall width.
    - Mountain bikes or bikes with flat-bar handlebars are not permitted.
    - Width of the tire shall not exceed 33mm and it may not incorporate any form of spike or stud.
    - All other categories allow the use of any bicycle; including mountain bikes provided bar end are removed to be used.
- Riders are required to wear jerseys corresponding with the club or team printed on their license. Independent riders and unlicensed riders are required to wear a plain jersey with no significant logos, team names, or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- At all times when warming up or participating in the event, riders who are mounted on a bicycle shall wear a helmet at all times.
- Two-way radios are reserved for race organization only.
- The use of radio links or other remote means of communication with the riders is forbidden.
- Riders may not use any form of radio communication while competing.
- Helmet mounted cameras are not permitted.
- The use of personal music players are not permitted while racing or warming up on the course.
- The use of glass containers is strictly prohibited during the race.

BIB NUMBERS

- One set of bib numbers will be distributed per rider for the Ontario Cup series, at the first Ontario Cup race of the season. DO NOT LOSE YOUR NUMBERS. They are yours for the year. All riders must bring their assigned bib numbers to every Ontario Cup race, including the Provincial Championship.
- Replacement bibs will be issued at the rider's expense, at a cost of $10 per set of bibs.
- Please ask for a second timing chip for your pit bike. Timing chips are for the whole season and should not be returned at the end of the competition.
- Replacement chips will be issued at the rider's expense, at a cost of $5 per chip.
- Bibs are to be placed on both arms and the left back side of the jersey. Please refer to below diagram.



RIDER CALL-UPS

Call-ups for OCups are designed to encourage participation in the OCup series by Ontario riders.

Non-Youth Categories:

1. Call-ups will be done by OCup points only for the first 2 rows.
2. Riders tied with the same number of OCup points will be randomized.
3. After the first 2 rows are filled, the rest of the riders will fill the remaining places on a first-come, first-served basis
4. If the first 2 rows are not filled, other riders can take open positions there.
5. When two or more categories are combined in the same start wave (that is, start at the same time offset), those riders will be considered "in the same race". Call-ups will cycle between each category to fill the first 2 rows (1st, 1st, 1st, 2nd, 2nd, 2nd, 3rd, 3rd, 3rd, etc.)

Organizers may wish to publicly acknowledge National, World Champions or other celebrity riders in their race. These acknowledgments will be done before the call-ups. Participants will then be called up following the procedure above only. There is no penalty if the riders save a place and allow another rider to move up to take it (riders may choose any position after their call-up).

Youth Categories:

1. Youth categories will be called up based on OCup points separately by U17 Boys, U17 Girls, U15 Boys, U15 Girls, U13 Boys, U13 Girls (ties broken randomly).
2. Call-ups for each category will be for the first 2 rows only. When the first 2 rows are filled, the rest of the riders will fill the positions on a first-come, first-served basis. If the first 2 rows are not filled, other riders in the same category can take open positions there.
3. Each category shall begin in a new row. Half-wheeling between rows is not permitted.

TIMING & RESULTS

OCups and Provincial Championships will be timed by racetiming.ca, with the exception of the Eastern Cyclo-Cross Challenge/OCup on October 2nd. Please check the Racetiming website for most up-to-date results.

AWARDS/PODIUM PROTOCOL

All podium finishers are expected to be in attendance in clean cycling apparel representing the club or team corresponding to their license. Hats and/or sunglasses are not permitted.

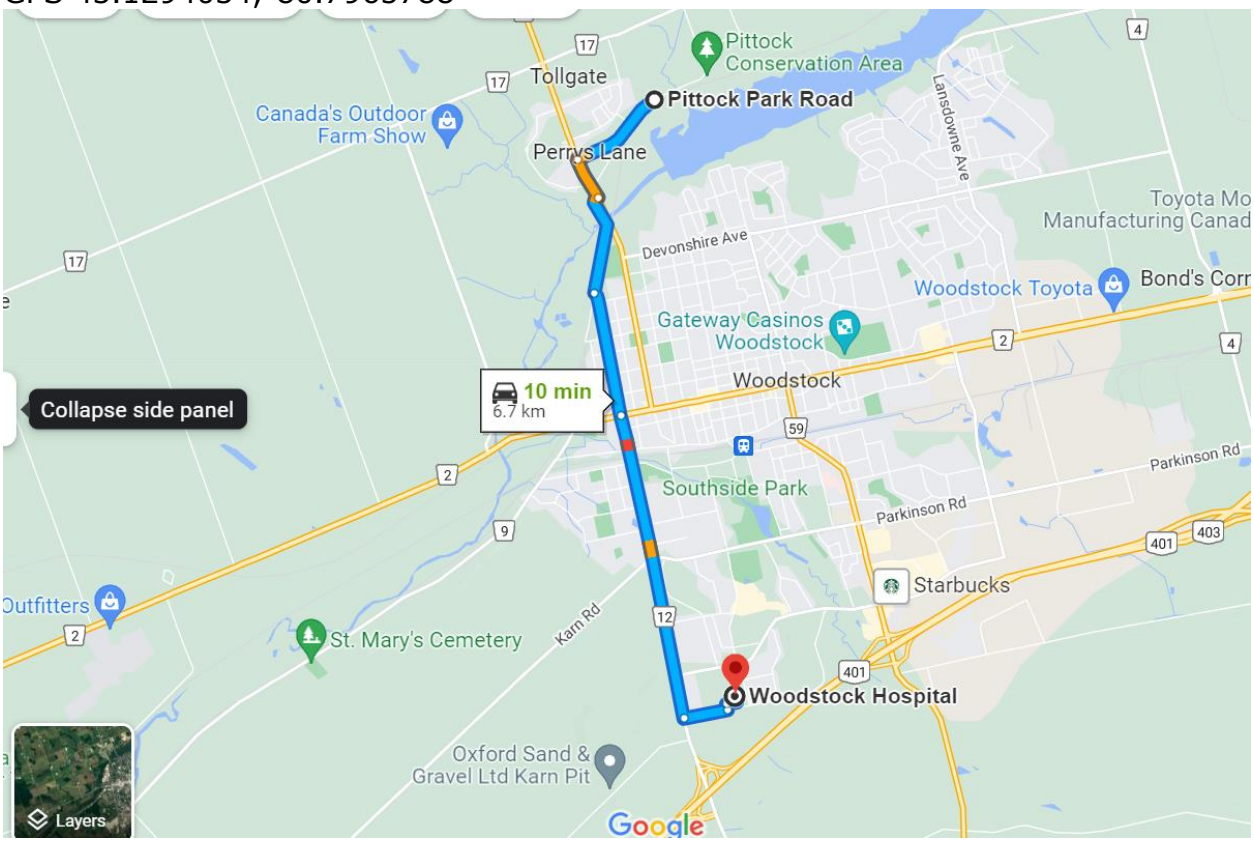
Upon the posting of results there will be a 15-minutes protest period, after which time the results will become official.

Podiums will take place within 30 min of each event. Proper podium attire is expected.

We are estimating a total of over $800 distributed in cash, beer coupons, popcorn, or merchandise prizes will be available to be won.

EMERGENCY ACTION PLAN

Directions to Woodstock Hospital
GPS 43.1294034,-80.7965788



Onsite First Aid: Fanshawe Paramedic Students will be onsite at First Aid Tent and available through radio with any of our course marshals.

Any changes due to weather will be emailed or communicated through social media.
Local weather will be monitored by the Event Organizer. Events will not be held during conditions of thunder and lightning, excessively high winds or in the unlikely event of a possible tornado. In the event of thunder or lightning, the course must be evacuated, and shelter found. Thirty minutes must pass from the last clap of thunder or flash of lightning before riders may resume their competition. The next occurrence begins a new 30-minute cycle. The President of the Commissaire Panel in consultation with the Organizer will be responsible for making decisions regarding stoppage/delay/evacuation due to thunder, lightning or other extreme weather patterns. For more information, please view the OC Lightning Policy.

PARTICIPATION SURVEY

In order to continue to better our events, we need your feedback! CLICK HERE to fill out a survey or scan the QR code below.